



Upgrade Your Indoor Sports Experience

Soccer League Rules

Everything you will need to know about Indoor Soccer at Stars Indoor Sports!

Dear Captain/Coach,

Stars Indoor Sports would like to welcome you and your team to our indoor soccer leagues! Our staff is looking forward to providing you with an organized, well-run indoor soccer league! As a business, we are striving every day to provide teams and individuals a fun, safe environment to play indoor sports. We value any input that you can provide that can help our facility as we continue to grow. We will continue efforts to communicate any information related to your team's league and games. There will be multiple outlets where we will communicate information including email, phone calls, and Facebook. Below, you will find a list of emails ranked in the order of importance for your group. These emails should only be communicated with if, for some reason, the Sports Director is not available to be reached.

Stars Staff Members Email Address

James Warwick (Assistant General Manager) soccer@starsindoorsports.com

Ben Zirkes (General Manager) Operations@starsindoorsports.com

The following is a listing of our hours of operation. **Please note:** if there is nobody on our schedule for a field, we may open a little later or close a little earlier. **Monday – Sunday: 9am – Midnight**

If you have any questions or concerns, please do not hesitate to contact us on our main line at (614) 985-3003.

Stars Management

In case of inclement weather, please call the day of games or check our Facebook Page, "Stars Indoor Sports" as they will give you up to date information on all games, delays or postponements. If games are canceled, we will call the designated team manager to inform of the cancellation.

(614)985-3003

www.StarsIndoorSports.com

6124 Busch Blvd., Columbus, Ohio 43229



Rescheduling Games

Stars Indoor Sports will make every effort to reschedule a game upon request. However, we must get 7 days' notice for a game to be rescheduled. Both teams must agree on rescheduled games. No shows and reschedules will result in a forfeit.

Reminders

- **No outdoor cleats** are permitted on our fields. Only turf shoes or flat-bottomed shoes.
- **No gum** may be used in the facility.
- No spitting on the turf.
- All participants must have a valid waiver on file to participate.
- **Rosters must be fully complete by the first game**
- Team Fees must be paid in full before the second game. Any teams with a balance after the second game will receive a \$100 late fee.
- **Goal difference will be capped at a 5 goal differential. I.e. a 10-0 victory will be counted as 5-0.**
- **OVER 30 LEAGUES- You are allowed only 2 players between the ages of 25 & 29 to be rostered on your team. You must enter the player's correct information as well as their birthday.**

GAMEDAY ROSTER RULES

- There may be a maximum of 18 players on any team's roster
- Rosters should be submitted by the start of the first game and no additions may be made **after the third game**. Any team caught using an illegal player, for whatever reason, will forfeit the games in question.
- If your team would like to challenge the roster of an opponent, your team captain and/or coach must inform the referee of this either before the start of the game or at halftime. Roster checks will not be allowed after halftime. The game will be stopped, but not the clock. A Stars Indoor Sports staff member will enter the field and roster check both teams. Any players present who are not on either team's roster, will result in a 5-0 forfeit loss for that team

GAMEPLAY RULES AND REGULATIONS

- No outdoor cleats... Please wear turf shoes, flats or tennis shoes.
- The referee has the right to refuse entry into the game for any player who, in the referee's discretion, is wearing equipment that can be dangerous.

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Uniforms:

- Teams must wear identical colored shirts. In case of conflicting colors, it is the responsibility of the home team to change. Goalkeepers must wear different colored shirts (may not be the same as their team, their opponent, or the referee). Stars Indoor Sports recommends that each team bring an alternate jersey to all games.

The Game:

- **Leagues will all play 7v7**
- **All Coed leagues must have two female players on the field at all times.**
- The game will consist of two, 24-minute halves with a one-minute halftime. The clock is a continuously running clock and will start at the scheduled game time. If either team is not ready to begin play upon the clock starting, then you will lose playing time. The clock will not stop unless deemed necessary by Stars Indoor Sports Management.
- Substitutions will be made at your own risk "on the fly". The player being substituted must be off the field before the oncoming player takes the field. Goalkeeper substitutions may be made at any time.
- If play is stopped for an injury, the injured player(s) must leave the field and may return after play resumes.
- **If a team cannot field a team** more than ten minutes after their game is scheduled to start, that team will forfeit the game. Forfeits will be scored 5-0.

In/Out of Play:

- When the ball hits the ceiling, lights, or netting, it is restarted at the point where the ball last crossed out of bounds. If the ball hits the ceiling or lights above the penalty area, the ball is to be placed at the top of the arc outside of the penalty area.

Fouls/Misconduct:

- All Kicks are direct and must be taken within 5 seconds of being placed at the spot of the restart.
- Slide tackling is not permitted.
- No punting allowed.
- Any player spitting anywhere other than in a trash can will receive a Blue Card.
- **"Blue Card"**: Two-minute penalty where the offending player must leave the field of play and the offending team must play short one player (The offending player may reenter after the opposing team scores or the time expires). If players from each team receive penalties at the same time, there is no early release for any player.
- Blue Card offenses include, but are not limited to, delaying the restart of play, failure to respect the required distance when play is restarted with a kickoff, corner kick, or free

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kick, as well as spitting anywhere other than the trash can, but not at a player, coach or referee.

- **"Yellow Card"**: Four-minute penalty where the offending player must leave the field of play and the offending team must play short one player (Mandatory penalty – No early release).

Yellow Card offenses include:

- Unsporting Behavior (UB)
- Dissent by word or action (DT)
- Persistent Infringement of the Laws of the Game (PI)
- Entering or Reentering the Field of Play without the Referee's Permission (E)
- **"Red Card"**: **Offending player must leave the facility** and the offending team must play short one player (Mandatory penalty – No early release). All send offs incur a minimum two game suspension.

Red Card offenses are:

- Serious Foul Play (SFP)
- Violent Conduct (VC)
- Denying the opposing team, a goal or an obvious goalscoring opportunity by deliberately handling the ball (this does not apply to the goalkeeper within his or her own penalty area) (DGH)
- Denies an obvious goalscoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or a penalty kick (DGF)
- Using offensive, insulting or abusive language and/or gestures (AL) - Receiving a second caution in the same match (2CT)
- Stars Indoor Sports reserves the right to decrease or lengthen any suspension, up to an infinite suspension from Stars Indoor Sports.

Bench Management:

Only team players on the roster and up to three (3) coaches on the roster are permitted inside the team bench areas. In the case of injury, medical staff may enter the team bench areas. It is the responsibility of the coaching staff to maintain control of their bench areas and the personnel inside those areas. Failure to maintain control of those areas and individuals may result in the coach being dismissed for Irresponsible Behavior.

League Standings:

Regular season Standings will be decided as follows: Three (3) points for a Win / One (1) point for a Draw / Zero (0) points for a loss if teams are tied on points, standings are then based on

- 1) Goal differential
- 2) Head to head

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- 3) Least goals conceded
- 4) Most Wins
- 5) Most Goals Scored

AFTER GAME RULES

- Please gather up your stuff immediately after the game and get off the field. We are on a very strict schedule.
- No meetings on the field or in the team benches with your team.
- Coaches, you can meet with your team and the parents in the lobby where there is plenty of space.

PLEASE NOTE THAT ALL THE RULES AND REGULATIONS WRITTEN ABOVE ARE MANDATORY RULES THAT WILL NOT CHANGE THIS SEASON. THE RULES LISTED ABOVE ARE SET IN PLACE TO HELP GET A WHOLE GAME IN, WHILE ALSO PROVIDING A CLEAR UNDERSTANDING OF HOW THINGS WILL BE RULED IN THIS COMPLEX.