



*Upgrade Your Indoor Sports Experience*

## 2025-2026 INDOOR SOFTBALL RULES

ALL RULES WILL FOLLOW ASA UNLESS OTHERWISE NOTED IN STARS INDOOR SPORTS RULES AND REGULATIONS

### TEAM MANAGEMENT:

- NO GUM, SUNFLOWER SEEDS OR METAL CLEATS
- All players must have an active waiver on file. Waivers must be signed every 12 months
- Rosters are due by the first game
- Maximum roster of 18 players

### WARM-UP

- Each team are allotted one hitting tunnel, 45 minutes prior to the game. No warm-up outside of the hitting tunnels, including the speed-training area, will be permitted. Warm-up is only permitted on the field as availability and time allows.

### THE GAME:

- Umpires ruling will be final
- The game will consist of 6 innings or 55 minutes. THE GAME WILL COME TO A STOP AT 55 MINUTES
- Pitching distance 43ft
- Base distance 60ft
- Once the time limit has been reached, if the home team has not hit then the score will revert to the last completed inning
- Please hustle on and off the field to ensure as many innings as possible are played
- Throw down bases will be used
- 1 Umpire will be assigned for each game

### OFFENSIVE:

- When batting, you may bat your entire roster. However, the batting order must stay the same throughout the game
- A courtesy runner will be provided for the catcher with 2 outs to ensure they are ready when the team retakes the field.
  - The courtesy runner will be the last out from the previous inning
- 1 mound visit per pitcher
  - 2<sup>nd</sup> mound visit must result in a pitching change
- New pitcher will be allowed 5 warmup pitches

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(614)985-3003

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- Stealing is permitted

DEFENSIVE:

- When taking the field, you will play with a maximum of 9 players
- Infield fly is not in effect Live ball, no infield fly rule used indoors.
- Ball hits fair area Ceiling - it is a live ball /a catch is an out and base runners must tag up
- The ball will be played live off the netting, unless hit foul
  - If the ball rolls under the net it is a dead ball
- Unlimited substitutions

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